



2011 EMERALD COAST POWER EXPO Wrestling Championships

Date: July 22ND and 23RD, 2011

Where: Emerald Coast Convention Center
1250 Miracle Strip Parkway
Fort Walton Beach, Fl 32548

Can pre register or register at weigh-ins (make sure you arrive early)

Cost: \$15 (must have AAU Card which is \$12) www.ausports.org
Make Checks payable to FWB WRESTLING

Weigh in:

10:30- 11:30am at the Convention Center on July 22ND for the Midget, Novice and School boy age group.

7:00-8:30 at the Convention Center on July 23RD for the Cadet and Elite age group.

If you are coming from a long distance or with a large group then special arrangements can be made to help you with weigh-ins but you must be organized, reliable, and honest.

Wrestling Starts: At 12:00, on July 22nd. 9:00am on July 23rd. (as soon as brackets are completed and verified)

Format: Blocked Weight Classes (Round Robin)... We will have at least 3 mats and may split a large mat for the youth to expedite their departure. Rest rule definitely waived. Format is subject to change in effort to maximize matches in shortest amount of time.

K-2 (split large mat) 1-1-1 periods
3-5 (split large mat) 1-1-1 periods
6-8 (middle school) 1:30 – 1:30- 1:30 periods
9-12 (Varsity) 1:30 – 1:30 – 1:30 periods

Awards: Top 3 in all divisions will receive medals

Questions: Coach Tobi Marez e-mail marez_tobi@yahoo.com or phone 850 420-0111

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
All participants must have a current AAU membership.
AAU membership may not be included as part of the entry fee to the event.
AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.



PRE REGISTER FORM EMERALD COAST POWER EXPO

Age Group: (CIRCLE) MIDGET NOVICE SCHOOLBOY CADET ELITE

WEIGHT CLASS: _____

NAME: _____

AAU CARD #: _____