

2011 NPC
MAXFIT TRI-STATE BODYBUILDING CHAMPIONSHIPS
OFFICIAL ENTRY FORM: Level 4A, Sanction #11337
SATURDAY, July 23, 2011

ELIGIBILITY: Open to all 2011 NPC card holding athletes in Alabama, Florida and Georgia. NPC cards (\$100) available at the event.

CONTEST LOCATION: Emerald Coast Convention Center 1250 Miracle Strip Parkway SE, Fort Walton Beach, FL 32548

ENTRY FEE: \$60.00 by July 11, 2011. Late Fee, after July 11, 2011 will be \$15.00 for a total of \$75.00. Late fee for two events will be \$150.00 total.

Make check or money order payable to and send to:

Maxfit

99 Eglin Parkway NE, Suite 1E, Fort Walton Beach, FL 32548

for tickets or information email: iammaxfit@yahoo.com or call 850-244-1629

Men's Open

3 places awarded each class

- Bantamweight (up to 143 ¼)
- Lightweight (over 143 ¼ to 154 ¼)
- Middleweight (over 154 ¼ to 176 ¼)
- Light Heavyweight (over 176 ¼ to 198 ¼)
- Heavyweight (over 198 ¼)

Men's Over 40

3 places awarded each class

- Lightweight (under 176 1/4)
- Heavyweight (over 176 1/4)

Men's Over 50

3 places awarded

- One Class

Men's Over 60

3 places awarded

- One Class

Teen Men's

3 places awarded

- One Class

Men's Novice (never have won an overall)

3 places awarded each class

- Lightweight (under 165 1/4)
- Middleweight (over 165 ¼ to 187 ¼)
- Heavyweight (over 187 1/4)

Men's Fort Walton Beach

3 places Awarded

- One Class

Men's Physique

3 places Awarded

- One Class

Women's Open

3 Places Awarded each class

- Lightweight (under 125)
- Middleweight (over 125 to 140)
- Heavyweight (over 140)

CROSSOVER RULES: You may enter a total of two categories. If you cross over you must complete two entry forms, (one for each division). You can enter only one Master's Age Division. Master's and Teen contestants please bring proof of age.

Tri-State: Must be a resident of Florida, Georgia or Alabama to enter any class. Provide drivers license or ID as proof of residency.

Men's /Women's Fort Walton Beach: You must be a resident of Okaloosa County to enter.

NOTE: All contestants will be officially weighed in their posing suits and their exact weight class will then be assigned. No prejudging posing. Night show music 90 seconds on CD only.

Name: _____ Age: _____ Shirt Size _____

Weight: _____ NPC Card #: _____

Address: _____ City: _____ State: _____ Zip: _____

Email Address: _____ Telephone: _____

In consideration of your accepting this entry, I hereby intending to be legally bound for myself, my heirs, executors or administrators, waive any and all right and claim for damages I may have against the National Physique Committee of the USA, Inc. (NPC), Russell Mesey, Maxfit Sports Nutrition and Emerald Coast Convention Center. The sponsors and/or their agents, representatives and assignees for any and all of their agents, successors and licensees and assignees, the right to photograph and or reproduce (whether by film, tape, still photography, or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photograph motion pictures, radio, television, video printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with and the foregoing.

Signature: _____ Parent/Guardian, if minor: _____ Date: _____

2011 NPC MAXFIT Tri-State Bodybuilding, Figure, Bikini & Physique Championships

Check-In and Weigh-In

Emerald Coast Convention Center
1250 Miracle Strip Parkway SE, Fort Walton Beach, FL 32548

All athletes must check-in and weigh-in on Friday, July 22nd between the hours of 4:00 P.M. and 7:00 P.M.

Only athletes will be permitted in the room during weigh-in. Competition suits must be worn to weigh-in. If you have any doubt about the suit style, bring a second suit.

The athlete's meeting will be Saturday, July 23rd, 2011, 8:00am at the Convention Center. No weigh-in on Saturday morning. Prejudging will begin at 9:30am.

Night Show

The night show will be held at Emerald Coast Convention Center, 1250 Miracle Strip Parkway SE, Fort Walton Beach, FL 32548. Show begins at 6pm, Saturday, July 23rd, 2011. Tickets for the night show are separate from daytime Expo tickets.

Music/NPC Regulations

- **All Athletes MUST supply their own music. Bodybuilder's music MUST be no longer than 90 seconds.**
- **Posing music on CD only.**
- **Posing music MUST be the only music on the disc.**
- **CDs will be collected at the Saturday morning athletes meeting.**
- **Men and Women bodybuilding athletes will not use music at prejudging.**
- **Competition suits MUST be worn to weigh-in.**
- **No "T" or thong suits will be allowed. However, female bodybuilding competitors will be allowed to wear multicolored posing suits and jewelry at the evening show. Emphasis is on "good taste"!**
- **Women bodybuilders, Figure, and Bikini will be permitted to crossover to any of the various categories.**
- **Must provide drivers license or ID as proof of residency.**
- **NO REFUNDS**